



Heinerman Tennis - lesweekrooster Volta - Zomer 2023

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Jeugd, totaal 17 lessen  
 Senioren, totaal 15 lessen

Training  
 Geen training  
 Inhaal

	Week 13							Week 14							Week 15								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	27-3	28-3	29-3	30-3	31-3	1-4	2-4	3-4	4-4	5-4	6-4	7-4	8-4	9-4	10-4	11-4	12-4	13-4	14-4	15-4	16-4		
Senioren															PASEN								
	Week 16							Week 17							Week 18								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	17-4	18-4	19-4	20-4	21-4	22-4	23-4	24-4	25-4	26-4	27-4	28-4	29-4	30-4	1-5	2-5	3-5	4-5	5-5	6-5	7-5		
Senioren											K-DAG				MEI VAKANTIE								
	Week 19							Week 20							Week 21								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	8-5	9-5	10-5	11-5	12-5	13-5	14-5	15-5	16-5	17-5	18-5	19-5	20-5	21-5	22-5	23-5	24-5	25-5	26-5	27-5	28-5		
Senioren											HVRT										PINK-STEREN		
	Week 22							Week 23							Week 24								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	29-5	30-5	31-5	1-6	2-6	3-6	4-6	5-6	6-6	7-6	8-6	9-6	10-6	11-6	12-6	13-6	14-6	15-6	16-6	17-6	18-6		
Senioren	PINK-STEREN																						
	Week 25							Week 26							Week 27								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	19-6	20-6	21-6	22-6	23-6	24-6	25-6	26-6	27-6	28-6	29-6	30-6	1-7	2-7	3-7	4-7	5-7	6-7	7-7	8-7	9-7		
Senioren																					ZOMERVAK		
	Week 28							Week 29							Week 30								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	10-7	11-7	12-7	13-7	14-7	15-7	16-7	17-7	18-7	19-7	20-7	21-7	22-7	23-7	24-7	25-7	26-7	27-7	28-7	29-7	30-7		
Senioren	ZOMERVAKANTIE																						
	Heinerman Tennis & Fun week																						
	Week 31							Week 32							Week 33								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	31-7	1-8	2-8	3-8	4-8	5-8	6-8	7-8	8-8	9-8	10-8	11-8	12-8	13-8	14-8	15-8	16-8	17-8	18-8	19-8	20-8		
Senioren	ZOMERVAKANTIE																						
	Week 34							Week 35							Week 36								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	21-8	22-8	23-8	24-8	25-8	26-8	27-8	28-8	29-8	30-8	31-8	1-9	2-9	3-9	4-9	5-9	6-9	7-9	8-9	9-9	10-9		
Senioren																							
	Week 37							Week 38							Week 39								
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo		
Jeugd	11-9	12-9	13-9	14-9	15-9	16-9	17-9	18-9	19-9	20-9	21-9	22-9	23-9	24-9	25-9	26-9	27-9	28-9	30-9	1-10	2-10		
Senioren															START WINTERSEIZOEN - NIEUW ROOSTER								