



Heinerman Tennis - Iesweekrooster Padel33 - Zomer 2023

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Pakket 17 lessen: ma t/m zon
 Pakket 8 lessen: ma t/m zon
 Try-out lessen: ma t/m zon

	Training
	Geen training
	Inhaal

	Week 13							Week 14							Week 15						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	27-3	28-3	29-3	30-3	31-3	1-4	2-4	3-4	4-4	5-4	6-4	7-4	8-4	9-4	10-4	11-4	12-4	13-4	14-4	15-4	16-4
8-lessen pakket - 1															PASEN						
5x Try-out Blok 1																					
	Week 16							Week 17							Week 18						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	17-4	18-4	19-4	20-4	21-4	22-4	23-4	24-4	25-4	26-4	27-4	28-4	29-4	30-4	1-5	2-5	3-5	4-5	5-5	6-5	7-5
8-lessen pakket - 1											K-DAG				MEI VAKANTIE						
5x Try-out Blok 1																					
	Week 19							Week 20							Week 21						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	8-5	9-5	10-5	11-5	12-5	13-5	14-5	15-5	16-5	17-5	18-5	19-5	20-5	21-5	22-5	23-5	24-5	25-5	26-5	27-5	28-5
8-lessen pakket - 1											HVRT										
5x Try-out Blok 1 + 2																					
	Week 22							Week 23							Week 24						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	29-5	30-5	31-5	1-6	2-6	3-6	4-6	5-6	6-6	7-6	8-6	9-6	10-6	11-6	12-6	13-6	14-6	15-6	16-6	17-6	18-6
8-lessen pakket - 1 en 2	PINK																				
5x Try-out Blok 2																					
	Week 25							Week 26							Week 27						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	19-6	20-6	21-6	22-6	23-6	24-6	25-6	26-6	27-6	28-6	29-6	30-6	1-7	2-7	3-7	4-7	5-7	6-7	7-7	8-7	9-7
8-lessen pakket - 2																					
5x Try-out Blok 2 + 3																					
	Week 28							Week 29							Week 30						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	10-7	11-7	12-7	13-7	14-7	15-7	16-7	17-7	18-7	19-7	20-7	21-7	22-7	23-7	24-7	25-7	26-7	27-7	28-7	29-7	30-7
8-lessen pakket - 2	ZOMERVAKANTIE																				
5x Try-out Blok 3	ZOMERVAKANTIE																				
	Week 31							Week 32							Week 33						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	31-7	1-8	2-8	3-8	4-8	5-8	6-8	7-8	8-8	9-8	10-8	11-8	12-8	13-8	14-8	15-8	16-8	17-8	18-8	19-8	20-8
8-lessen pakket - 2	ZOMERVAKANTIE																				
5x Try-out Blok 3	ZOMERVAKANTIE																				
	Week 34							Week 35							Week 36						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	21-8	22-8	23-8	24-8	25-8	26-8	27-8	28-8	29-8	30-8	31-8	1-9	2-9	3-9	4-9	5-9	6-9	7-9	8-9	9-9	10-9
8-lessen pakket - 2																					
5x Try-out Blok 3																					
	Week 37							Week 38							Week 39						
	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo	ma	di	wo	do	vr	za	zo
17- lessen pakket	11-9	12-9	13-9	14-9	15-9	16-9	17-9	18-9	19-9	20-9	21-9	22-9	23-9	24-9	25-9	26-9	27-9	28-9	29-9	30-9	1-10
8-lessen pakket - 2															START WINTERSEIZOEN - NIEUW ROOSTER						
5x Try-out Blok 3																					